

The purpose of the Region 4 Prevention Resource Center (PRC4) is to increase the capacity of the statewide substance misuse prevention system by seeking to enhance community collaboration, increase community awareness and readiness, provide information and resources on substance use/misuse and related behavioral health data, and support professional development of the prevention workforce, and strengthen regional compliance tobacco and nicotine laws.

- Texas Health and Human Services Commission (HHSC)

PRC4 Training



Titles of trainings are active links that will direct you to registration and/or website instructions.

<u>ETCADA Events</u>	Various Dates
<u>Education Service Center Region 7 Workshops</u>	Various Dates
<u>Education Service Center Region 8 Workshops</u>	Various Dates
<u>CPS Exam</u> 9:00 am - 1:00 pm	Wednesday November 16th
<u>CCP Evaluation</u> 2:00 pm - 4:00 pm	Wednesday November 16th
<u>Prevention Skills Training: Child and Adolescent Development</u> 9:00 am - 12:00 pm	Tuesday November 17th
<u>Unlearning Ableism (Cultural Competency Credit)</u> 9:30 am - 12:30 pm	Tuesday November 29th
<u>CPR</u> 9:00 am - 1:00 pm	Wednesday November 30th
<u>Too Good For Drugs - High School Curriculum Training In Person</u> 9:00 am - 4:00 pm	Wednesday November 30th
<u>Addressing Opioid Overdose</u> 9:00 am - 12:30 pm	December 7th & 8th
<u>Understanding and Supporting LGBTQ Youth (Cultural Competency Credit)</u> 1:00 pm - 4:00 pm	Friday December 9th
<u>Prevention Skills Training: Cultural Competency</u> 9:00 am - 12:00 pm	Monday December 12th
<u>Prevention Skills Training: Communication</u> 9:00 am - 12:00 pm	Tuesday December 13th
<u>Prevention Skills Training: Risk and Protective Factors</u> 9:00 am - 12:00 pm	Wednesday December 14th
<u>Prevention Skills Training: Child and Adolescent Development</u> 9:00 am - 12:00 pm	Thursday December 15th
<u>Prevention Skills Training: Prevention Across the Lifespan</u> 9:00 am - 12:00 pm	Friday, December 16th

From the Data Desk



The Region 4 Prevention Resource Center (PRC4) creates and provides Quick Facts for each of the 23 counties in Region 4 based on qualitative and quantitative data from the Regional Needs Assessment (RNA) along with federal and state sources. There is also a Quick Fact for Region 4 that shows data for Region 4 as a whole.

Quick Facts provide population, race, ethnicity, age, unemployment, educational attainment, crime rates, uninsured adults and children, smoking, binge drinking, alcohol and tobacco permits, confirmed child maltreatment, suicide, alcohol and drug-induced deaths, drug and alcohol-related arrests, drug seized, alcohol related crashes and fatalities, provider ratios, and more.

All Quick Facts can be found by visiting PRCfour.org under the **Data** tab.

For a copy of this year's Qualitative data RNA, visit ETCADA.com.

Data requests can be made by emailing Mindy Robertson at mrobertson@etcada.com.



Tobacco Talk



Strengthen compliance with existing laws on the sale of tobacco and nicotine products to minors through education and monitoring.

- E-cigarettes are electronic devices that heat liquid flavors and chemicals. The heating produces an aerosol, which is a mix of small particles in the air, which can be harmful to the lungs.
- Most e-cigarettes contain nicotine—the addictive drug in combustible cigarettes, cigars, and other tobacco products.
- Young people who use e-cigarettes may be more likely to smoke cigarettes in the future.
- Nicotine is very addictive and can harm the brain development of adolescents and teenagers.