

The purpose of the Region 4 Prevention Resource Center (PRC4) is to increase the capacity of the statewide substance misuse prevention system by seeking to enhance community collaboration, increase community awareness and readiness, provide information and resources on substance use/misuse and related behavioral health data, and support professional development of the prevention workforce, and strengthen regional compliance with tobacco and nicotine laws.

- Texas Health and Human Services Commission (HHSC)

PRC4 Training



Titles of trainings are active links that will direct you to registration and/or website instructions.

<u>ETCADA Events</u>	Various Dates
<u>Education Service Center Region 7 Workshops</u>	Various Dates
<u>Education Service Center Region 8 Workshops</u>	Various Dates
<u>Positive Action Curriculum</u> 9:00 am - 2:30 pm	Tuesday October 4th
<u>Advanced Ethics in Prevention (Advanced EIP)</u> 9:00 am - 4:30 pm	Wednesday October 5th
<u>Project Towards No Drug Abuse (PTND)</u> 9:00 am - 4:30 pm	Thursday October 6th
<u>PST: Communication</u> 9:00 am - 12:00 pm	Wednesday October 12th
<u>PST: Cultural Competency</u> 1:00 pm - 4:00 pm	Wednesday October 12th
<u>PST: Child and Adolescent Development</u> 8:30 am - 11:30 am	Thursday October 13th
<u>Life Skills: Middle School and High School</u> 12:00 pm - 4:00 pm	Multiple Days October 24th - 28th
<u>PST: Risk and Protective Factors/Building Resiliency</u> 1:00 pm - 4:00 pm	Thursday October 13th
<u>PST: Prevention Across the Life Span</u> 9:00 am - 12:00 pm	Friday October 14th
<u>SAPST Day 1 of 4</u> 9:00 am - 5:00 pm	Tuesday October 18th
<u>Project Towards No Drug Abuse (PTND)</u> 9:00 am - 4:30 pm	Wednesday October 19th
<u>SAPST Day 2 of 4</u> 9:00 am - 5:00 pm	Thursday October 20th
<u>Youth Mental Health First Aid</u> 9:00 am - 3:00 pm	Thursday October 20th
<u>Life Skills: Elementary School</u> 1:00 pm - 3:00 pm	All Week October 24th - 28th
<u>SAPST Day 3 of 4</u> 9:00 am - 5:00 pm	Tuesday October 25th
<u>SAPST Day 4 of 4</u> 9:00 am - 5:00 pm	Thursday October 27th

From the Data Desk



The PRC's Regional Needs Assessment (RNA) is a document providing community organizations and stakeholders with region-specific substance use/misuse and related behavioral health and Social Determinants of Health (SDoH) information created by the PRC4 Data Coordinator, Data Coordinators from across the State of Texas, and supported by HHSC.

For odd years, the RNA is composed of quantitative data. Quantitative data refers to any information that can be given a numerical value. This data is extrapolated from federal and state agencies to ensure reliability and accuracy.

For even years, the RNA is composed of qualitative data. Qualitative data is descriptive and based on traits and characteristics. Data Coordinators conduct focus groups, Regional Epidemiological Workgroups, and Key Informant Interviews with community members to gather this data.

For a copy of this year's Qualitative data RNA, visit [ETCADA.com](https://etcada.com) or [click here](#).

Tobacco Talk



Strengthen compliance with existing laws on the sale of tobacco and nicotine products to minors through education and monitoring.

On September 1, 2019, Texas Tobacco 21 raised the minimum legal age in the state of Texas to purchase tobacco from 18 years old to 21 years old. It is also against the law for anyone under 21 years of age to purchase, possess, or use any products containing nicotine.



UNDER 21 NO SALES OF E-CIGARETTES NO SALES OF TOBACCO.

It is illegal for anyone younger than **21** to buy cigarettes, e-cigarettes, or tobacco products, and it is illegal to sell or provide cigarettes, e-cigarettes, or tobacco products to anyone **21**.

Purchasing or attempting to purchase cigarettes, e-cigarettes, or tobacco products by a person under **21** years of age is prohibited by law. Sale or provision of cigarettes, e-cigarettes, or tobacco products to a person under **21** years of age is prohibited by law. Upon conviction, a Class C misdemeanor, including a fine of up to \$500, may be imposed. Violations may be reported to the Texas Comptroller's Office by calling 800-345-8647.

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Pregnant women should not smoke. Smokers are more likely to have babies who are born premature or with low birth weight.



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