

## Region 4 County Quick Facts 2019

### *Demographics*

- Region 4's percent of population growth (3.8%) is significantly lower than Texas (14.1 %) and half that of the United States (6.0%).
- The majority of Region 4's population (25.2%) is between the ages of 45 - 64 followed by the ages of 25 - 44 (25.0%) and the ages 0 - 17 (23.2%).

### *Socioeconomics*

- Region 4's per capita income (\$24,028) is lower than Texas (\$28,583) and the United States (\$31,039).
- Region 4's percent of single-parent households (33%) is equal to that of Texas (33%) and higher than the United States (23%).
- Region 4 has a higher number of Supplemental Nutrition Assistance Program (SNAP)/Food Stamp recipients per a population of 1,000 (135.5) compared to Texas (124.7) and the United States (123.6).
- Region 4's percent of children under the age of 18 living in poverty (24.6%) is higher than Texas (22.9%) and the United States (20.3%).

### *Education*

- Region 4's dropout rate (2.9%) is lower than Texas (5.9%) and lower than the United States (7.1%).
- Region 4's rate of homeless students per 1,000 students (10.22) is lower than Texas (13.37) and the United States (26.97).
- Region 4's rate of high school to college enrollment per 100 students (51.3) is higher than Texas (48.9).

### *Family Violence*

- Region 4's rate of confirmed victims of child abuse/neglect per 1,000 children in the region (13.3) is significantly higher than Texas (9.0) and the United States (4.6).
- In 2018, Texas had 205,215 reported victims of family violence and 200,062 reported offenders. These numbers are significantly lower than last year with 212,529 reported victims and 207,422 reported offenders. Family violence offenses include assault, murder, robbery, rape, and kidnapping/abduction.
- Region 4 reported 7,019 incidents of family violence in 2016.

### *Alcohol & Drug-Related Crimes*

- Region 4's rate of DUI fatalities per 100,000 people (7.6) is higher than Texas (3.9) and the United States (3.4).
- Region 4 has a high rate of alcohol and drug-related incarcerations per 100,000 people (228.1), which is significantly higher than that of Texas (108.6).



### ***Texas School Survey- Youth Regional Consumption***

- *Marijuana*: Students in Regions 4&5 have lower rates than the state for current, school year use, and lifetime use for all grades (Grades 7-12).
- *Prescription Drugs*: Students in Regions 4&5 have higher numbers for prescription drug use. Regions 4&5 have the highest reported current (30-day) use, school year use, and lifetime use for all grades and for the 12<sup>th</sup> grade in the state.
- *Prescription Drugs*: Students in Regions 4&5 have higher reported rates than the state for the two opioid categories ('Codeine Cough Syrup' and 'OxyContin, Percodan, Percocet, Oxycodone, Vicodin, Lortab, Lorcet, Hydrocodone').
- *Alcohol*: Students in Regions 4&5 report substantially higher usage of alcohol in every category compared to the state.

### ***Mental Health***

- Region 4's rate of mental health providers available per 10,000 people (6.4) is lower than that of Texas (9.6) and the United States (17.9).
- Of the percentage of the Medicare population that report depression, Region 4's rate (19.1%) is higher than that of Texas (17.9%).
- Region 4's crude suicide rate (17.8) is higher than Texas (12.4) and the United States (13.4).

### ***ETCADA Substance Abuse Screenings***

- Region 4's rate of ETCADA substance abuse screening calls per 100,000 people is 221.7. The demographics included 1,244 females vs. 1,313 males, 61 veterans, 52 pregnant women, and the largest population, 1,530, in the age range of 25 – 44 years old.
- Region 4's substance abuse screening callers reported the top three addictive substances they were seeking help with are marijuana, methamphetamine, and alcohol.

### ***Health Factors***

- Region 4 has a higher Chronic Disease Combined Average Rate (516.3) than Texas (416.6).
- Region 4's adult smoking rate (17%) is higher than Texas (14.3%).
- Region 4 reports a higher number of prescriptions per 100 people (199) than both Texas (133) and the United States (154).
- Region 4's percent of teen pregnancies (10.3%) is higher than that of Texas (8.1%).

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