

## Rains County Quick Facts 2019

### **Demographics**

- Rains County's percent of population growth (11.4%) is the highest in Region 4. This is significantly higher than Region 4 (3.8%). In comparison, Rains County is lower than the state (14.1 %) and higher than the United States (6.0%).
- The majority of Rains County's population (29.0%) is between the ages of 45 - 64 followed by the age of 65 and older (24.4%).

### **Socioeconomics**

- Rains County's per capita income (\$23,193) is lower than Region 4 (\$24,028), Texas (\$28,583), and the United States (\$31,039).
- Rains County's percent of single-parent households (35%) is higher than the region (33%) and the state (33%).
- Rains County has a lower number of Supplemental Nutrition Assistance Program (SNAP)/Food Stamp recipients per a population of 1,000 (117.3) compared to Region 4 (135.5) and the state (124.7).
- Rains County's percent of children under the age of 18 living in poverty (17.6%) is the lowest in the region. It is lower than the region (24.6%) and the state (22.9%).

### **Education**

- Rains County's dropout rate (6.7%) is higher than the state (5.9%) and the region (2.9%).
- Rains County's rate of homeless students per 1,000 students (13.94) is higher than the state (13.37) and the region (10.22).
- Rains County's rate of high school to college enrollment per 100 students (50.4) is higher than the state (48.9) and slightly lower than the region (51.3).

### **Family Violence**

- Rains County's rate of confirmed victims of child abuse/neglect per 1,000 children (11.6) is higher than the state (9.0) but lower than the region (13.3).
- In 2018, Texas had 205,215 reported victims of family violence and 200,062 reported offenders. These numbers are significantly lower than last year with 212,529 reported victims and 207,422 reported offenders. Family violence offenses include assault, murder, robbery, rape, and kidnapping/abduction.
- Rains County reported 22 incidents of family violence in 2016.

### **Alcohol & Drug-Related Crimes**

- Rains County has a significantly higher rate of DUI fatalities per 100,000 people (16.1) compared to Region 4 (7.6) and the state (3.9).
- Rains County has the lowest rate in Region 4 of alcohol and drug-related incarcerations per 100,000 people (65.8), which is significantly lower than that of the region (228.1) and the state (108.6).



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### **Texas School Survey- Youth Regional Consumption**

- *Marijuana*: Students in Regions 4&5 have lower rates than the state for current, school year use, and lifetime use for all grades (Grades 7-12).
- *Prescription Drugs*: Students in Regions 4&5 have higher numbers for prescription drug use. Regions 4&5 have the highest reported current (30-day) use, school year use, and lifetime use for all grades and for the 12<sup>th</sup> grade in the state.
- *Prescription Drugs*: Students in Regions 4&5 have higher reported rates than the state for the two opioid categories ('Codeine Cough Syrup' and 'OxyContin, Percodan, Percocet, Oxycodone, Vicodin, Lortab, Lorcet, Hydrocodone').
- *Alcohol*: Students in Regions 4&5 report substantially higher usage of alcohol in every category compared to the state.

### **Mental Health**

- Rains County's rate of mental health providers available per 10,000 people (4.1) is significantly lower than the state (9.6) and Region 4 (6.4).
- Of the percentage of the Medicare population that report depression, Rains County's rate (20.7%) is higher than the state (17.9%) and the region (19.1%).
- Rains County's crude suicide rate is listed as unreliable because the rate is calculated with a numerator of 20 or less. The state rate is 12.4 with the Region 4 rate at 17.8.

### **ETCADA Substance Abuse Screenings**

- Rains County's rate of ETCADA substance abuse screening calls per 100,000 people (172.7) is lower than that of the region (221.7).
- Rains County's substance abuse screening callers reported the top three addictive substances they were seeking help with are methamphetamine, marijuana, and alcohol.

### **Health Factors**

- Rains County ranks 113 out of the 242 Texas counties that were ranked for social determinants of health, which include health behaviors, clinical care, social and economic factors, and physical environment.
- Rains County has a Chronic Disease Combined Average Rate (551.2) that is higher than the state (416.6) and Region 4 (516.3).
- Rains County's adult smoking rate (14%) is slightly higher than the state rate (14.3%).
- Rains County reports a lower number of prescriptions per 100 people (117) than both the state (133) and the region (199).
- Rains County's reported no teen pregnancies. The state (8.1%) and Region 4 (10.3%) were reported.

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